

District Wellness Policy Triennial Assessment Report 2020

School District: _

Wellness Contact Name & E-mail: _

Wellness Policy Components	Fully in Place	Partially in Place	Not in Place	Describe Actions Taken for Implementation (include supports and challenges)	Data Source for Monitoring
District Wellness Committee/Coordinated District Health Advisory Council					
Policy Leadership					
1. The designated officer for ensuring district compliance with the wellness policy and oversight is identified. (PO-3)	x			-Assigned by Executive Director of our facility	-Committee meeting minutes -Designated leaders name and contact information are in the LWP & website
1a. Each school has a designated wellness leader. *	x			-Wellness Committee selected -Wellness leaders were assigned	-Committee meetings minutes -Committee Member table assigning designated task
1b. Each school wellness leader monitors implementation of the wellness policy and reports compliance to the district wellness leader. *	x <input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	-Wellness Committee meets 4 times a year to ensure compliance with Wellness Policy	-Committee meeting minutes -Agenda
Public Involvement					
2. Meets at least once per year to establish district wellness goals for, and to oversee, school health and safety policies and programs including development, implementation, and periodic review and update of the wellness policy.	<input type="checkbox"/>	x <input type="checkbox"/>	<input type="checkbox"/>	-Wellness Committee meets and schedules for 4 meeting for the upcoming school year	-Committee meeting minutes -Committee meeting Agenda
3. To the extent possible, committee includes representatives of: (PO-3) <ul style="list-style-type: none"> • Parents/Legal Guardians • Students • District Nutrition Services • Physical Education Teachers • School Health Professionals • Local School Board • School Administrators • General Public/Community Members 	<input type="checkbox"/>	x <input type="checkbox"/>	<input type="checkbox"/>	-We are a RCCI that houses students for a short stays and out of county students we are in not involved with the local school officials.	- LWP -Committee meeting minutes/includes attendance/agenda -Agenda
Food and Beverage Availability					
School Meals					
4. Pre-K to fifth graders will be provided a minimum of 20 minutes to consume lunch after they have received their food. (NS-11)	<input type="checkbox"/>	<input type="checkbox"/>	x <input type="checkbox"/>	-We are a RCCI and we only serve 8 th – 12 th graders	-Client Schedule
Foods Sold Outside of School Meals Program (Competitive Foods and Beverages)					
5. Foods and beverages sold outside of the school meal programs (e.g., "competitive" foods and beverages) will meet the USDA Smart Snacks in School nutrition standards. (SS-1, SS-2)	<input type="checkbox"/>	<input type="checkbox"/>	x <input type="checkbox"/>	-We are a RCCI and we do not sell outside food or beverages	N/A

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5a. The following venues currently comply with Smart Snacks requirements during the school day: <ul style="list-style-type: none"> School Stores Vending Machines Concessions 	<input type="checkbox"/>	<input type="checkbox"/>	X <input type="checkbox"/>	-We are a RCCI and our students do not have access to purchase any foods, snacks or beverages on our campus	-Students are provided snacks by our dietary staff, which meet Smart Snack Compliance - Menus - Production records
5b. Although the State allows exempt fundraisers, the district does not allow exempt fundraisers. *			X <input type="checkbox"/>	-We are a RCCI and do not have fundraisers	n/a
6. Standards established for foods provided but not sold (e.g., class parties, class snacks), during the school day on school campuses. (SS-4)	X <input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	-Specific standards established that we as a treatment facility will allow celebratory parties for academic achievements, fall festival & Christmas.	-Specific standards identified in LWP - Meals/snacks are not counted towards reimbursement
Food and Beverage Marketing					
7. Any foods and beverages marketed or promoted to students on school campuses during the school day meet or exceed the USDA Smart Snacks in School nutrition standards. (PO-3)	X <input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	-Students are provided snacks throughout the school day that are USDA Smart Snack by our Dietary Staff	-Our dietary staff provides snacks based on our menus
District Goals for Health & Wellness					
Nutrition Education					
8. Schools will provide nutrition education and engage in nutrition promotion that fulfills the criteria identified in the district LWP. (NS-8, NS-12, HPE-11)	X <input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	-A nutritionist meets monthly with our staff and allocates time for student education	-Monthly monitoring by Carolina Nutrition - Meal pattern plates are displayed - A flyer is in the Admission Packet promoting healthier choices
8a. Nutrition education is integrated across the curriculum. *	X <input type="checkbox"/>			-Nutrition education is provided	-Carolina Nutrition monthly reports - Nutritional activities/Fun Facts are provided during snack time
8b. Nutrition education is linked with the school food environment/cafeteria. *	X <input type="checkbox"/>			-Nutrition education is provided	-Carolina Nutrition monthly reports
Nutrition Promotion					
9. Nutrition promotion using evidence-based techniques, creating food environments that encourage healthy nutrition choices and participation in school meal programs using a comprehensive and multi-channel approach by school staff, teachers, parents/legal guardians, students, and the community. (NS-5, NS-8, NS-9)	<input type="checkbox"/>	X <input type="checkbox"/>	<input type="checkbox"/>	-We are a RCCI and due to the confidentiality of our students we do not involve the community	-Our students are provided meals and snacks that are prepared by our dietary staff based on menus that were designed by Carolina Nutrition - Meal pattern plates are displayed - Nutritional fun fact & activities during Snacks - A flyer is in the Admission Packet promoting healthier choices
9a. All schools in the district are Team Nutrition (TN) Schools. *			X <input type="checkbox"/>	-We are an RCCI and consist one school that is enrolled in Team Nutrition Website	
9b. TN resources are used to promote nutrition throughout the district. *			X <input type="checkbox"/>	-We are an RCCI and only have one facility	-materials are used to during Snack time - Posters in dining area

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10. Promote healthy food and beverage choices and participation in school meal programs through use of marketing and merchandising and through adherence to 100% of foods and beverages promoted to students meeting the USDA Smart Snacks in School nutrition standards. (NS-5, SS-3)	X <input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	-Students only have access to food/beverages that are served by our dietary staff that meet the USDA Smart Snack nutritional standards	- Menus -Production Records
Physical Activity					
11. Schools promote and ensure varied physical activity opportunities such as before, during, and after school; staff involvement; and family and community engagement, that are in addition to, and not a substitute for, quality physical education. (PO-8, PA-4, PA-3, PA-2)	<input type="checkbox"/>	X <input type="checkbox"/>	<input type="checkbox"/>	- We are a RCCI and due to the confidentiality of our students we do not engage the community -Students have breaks throughout the day and a 90 minute recreational time daily	-Client Schedule
12. Physical activity during the school day (including but not limited to recess, classroom physical activity breaks, or physical education) will not be withheld as punishment for any reason. (PA-6, PA-7 ES)	X <input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	-TCCADA Alternative Consequences	-TCCADA Policy and Procedures Manual
Physical Education					
13. District will provide students with physical education using an age-appropriate, sequential PE curriculum consistent with national and state standards for PE. (HPE-3)	<input type="checkbox"/>	X <input type="checkbox"/>	<input type="checkbox"/>	-We are a RCCI and students are scheduled for recreational time daily	-Primary school districts of our students are responsible for providing age appropriate PE Curriculum that meets national and state standards for PE
13a. Fitness testing of students occurs, at a minimum, in grades 2 (height & weight only), 5, 8, and in high school PE course required for graduation. Individual student fitness reports are shared with parents/caregivers. * Per SC Students Health and Fitness Act of 2005	<input type="checkbox"/>	X <input type="checkbox"/>	<input type="checkbox"/>	- Students are not enrolled in our local school district due to the short stay. Therefore, fitness testing & PE course requirements are the responsibility of the student and their primary school	- Monitoring provided by primary school district
13b. Student fitness data is used by the district and schools for instruction planning, fitness equipment, and professional development. *	<input type="checkbox"/>	<input type="checkbox"/>	X <input type="checkbox"/>	-Due to students short stay at our facility they remain enrolled in their primary schools and data should be provided by that school district	-Monitoring provided by primary school district
14. All students will be provided equal opportunity to participate in physical education classes. Appropriate accommodations allow for equitable participation for all students and physical education classes and equipment are adapted as necessary.	X <input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	-Students are offered physical activities that meet the needs, interest and abilities of all students -We have a recreational therapist not a certified PE teacher	-Client Schedule
Update/Inform the Public					
15. Annually, the public is notified about the content and implementation of the wellness policy and any updates to the policy. The name and contact information of the designated officer is publicized with information on how the public can become involved with the wellness committee or obtain additional information on the wellness policy. (PO-3)	<input type="checkbox"/>	X <input type="checkbox"/>	<input type="checkbox"/>	-LWP is available to the public -LWP is provided to parents/guardians -Limited community involvement due to short stay and confidentiality of our students	-William J. McCord Adolescent Treatment website - LWP provided in the Family Education Handbook

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15a. The name and contact information of the designated officer is publicized.	X			-LWP	-William J. McCord website -Family Education Handbook
15b. Information is shared on how the public can become involved with the wellness committee or obtain additional information on the wellness policy.	<input type="checkbox"/>	X <input type="checkbox"/>	<input type="checkbox"/>	-Due to the confidentiality of our students we do not involve the public	n/a
16. Every three years, the district develops a report that meets the following requirements: ** (PO-3)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
16a. All schools' compliance with the district wellness policy.		X		-We are a not involved with the local school districts - We comply with our LWP	-Committee Minutes
16b. How the district policy compares with state and/or federal model wellness policies.		X		-We are an RCCI and do not fit the traditional model	
16c. A description of progress towards attaining wellness policy goals.	X			-LWP	-Minutes from meeting
16d. This report is made available to the public.		X		-We are a RCCI and not involved with the local school district	-The LWP and how to access the final report is provided on admission to our parents in the Family Handbook
17. Records will be maintained to document compliance with the requirements of the wellness policy including items 1, 2, 3, 15, and 16 above.	X <input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	-Records are maintain in notebooks for each school year	-Records are in paper copies in the designated school year notebook
Other School Based Strategies for Wellness					
18. SFAs must include, at a minimum, one goal for Other School-Based Strategies for Wellness in the LWP. SFAs must explore the use of evidenced based strategies when identifying goals. (List and report below)	X <input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	-Garden Box planted -We participated in one-time program of \$2500.00 in the DOD fresh program -We requested and received an additional \$1000.00 to continue participation in the DOD fresh program for	-Committee minutes -Garden log was not kept on a consistent basis
Optional Goals- School Meals					
19. Schools will not use foods or beverages as rewards for academic performance or good behavior. Additionally, schools will not withhold foods or beverages for punishment. Teachers are provided with a list of alternative ideas for behavior management. (NS-10)	X <input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	-TCCADA Alternative Consequences	-Policy & Procedures Manuel -William J. McCord Teachers Handbook
19a. Schools will not withhold foods or beverages for punishment. *	X			-This is not an issue for us	-TCCADA Policy & Procedures -We have a compliant/compliment box in the dining area for our
19b. Teachers are provided with a list of alternative ideas for behavior management. *	X			-TCCADA Alternative Consequences	- Policy & Procedures Manuel - William J. McCord Teachers Handbook

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Optional Goals- Water					
20. Free, safe, unflavored, drinking water available throughout the school day, throughout every school campus.	x <input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	-Water fountains are available throughout our facility -Water and ice are available in our day area	-Water & ice are on the counter in the day area -Water fountains are available to our students throughout our facility
Optional Goals- Staff Wellness					
21. Schools will offer staff wellness programs such as weight management, health assessments. (EW-1, EW-2, EW-3)	x <input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	-Working Well Program	- Our property has a walking track -Tobacco Free Policy -Discount for gym membership
Optional Goals- Community Involvement					
22. School will allow community members access to the district's outdoor physical activity facilities before and after school. (PA-8)	<input type="checkbox"/>	<input type="checkbox"/>	x <input type="checkbox"/>	-Due to confidentiality of our students we do not allow the community to use our facilities for recreational use	n/a
22a. District has adopted the SC School Boards Association's model Open Community Use of School Recreational Areas (KFA) policy. *	<input type="checkbox"/>	<input type="checkbox"/>	x <input type="checkbox"/>	-We are a RCCI and due to the confidentiality of our students we do not allow the public to use our facilities	-Students primary school would be responsible for meeting the School Recreational Area policy.
23. School partners with local community organizations, businesses, or local hospitals to engage students and their families in health promotion activities. (PO-9)	<input type="checkbox"/>	<input type="checkbox"/>	x <input type="checkbox"/>	-We are a RCCI we do not promote local community involvement but we do provide handouts to our families on admission and have a TV in the lobby that promote nutrition and health education	-TV in the lobby -Handout given to the families in the Family Handbook
Other Optional Goals					
	<input type="checkbox"/>	<input type="checkbox"/>			
	<input type="checkbox"/>	<input type="checkbox"/>			
	<input type="checkbox"/>	<input type="checkbox"/>			
<p>Success/Updates from the Past Three Years: – We continue to strive to provide excellent daily care to our students that includes but limited to: individual and family therapy, psychiatric evaluations, medical care, and balanced nutritious meals. Our students meet with a nutritionist monthly to education on how their diet will promote health benefits such as lowering blood pressure and weight loss. Our Recreation Therapist provides a thematic approach during recreation that combines components of communication, teambuilding, physical activities and sportsmanship. Articles pertaining to the physical benefits of exercising are discussed. During Snack Time nutritional activity sheets and/or Fun Facts are provided.</p>					

SCDE District Wellness Policy Triennial Assessment Report - Additional Information You Should Know

School districts are encouraged to use the following tools and resources to assist with completing the SCDE District Wellness Policy Triennial Assessment Report:

- LWP STAT Webinar Series Three – Getting Ready for the Triennial Assessment: <link coming soon – will be located at <https://ed.sc.gov/districts-schools/nutrition/wellness-and-food-safety/wellness-and-food-safety/local-wellness-policies/>>
- Compilation of your district's completed SCDE District Wellness Policy Annual Progress Reports: <https://ed.sc.gov/districts-schools/nutrition/wellness-and-food-safety/wellness-and-food-safety/local-wellness-policies/local-wellness-policy-assessment-tool/>
- Compilation of your district's Alliance for a Healthier Generation Healthy Schools Program District Reports: <https://www.healthiergeneration.org/>

***Best Practices for implementing policy components**

**** More information addressing item 16 of the SCDE District Wellness Policy Triennial Assessment Report**

Tools You Can Use to Meet USDA Triennial Assessment Reporting Requirements:

16 a. Schools' Compliance with the District Wellness Policy -

Full completion of the SCDE District Wellness Policy Triennial Assessment Report

16 b. How the District's Policy Compares with State and/or Federal Model Wellness Policies -

Completion of the SCDE LWP Checklist – <link coming soon – will be located at <https://ed.sc.gov/districts-schools/nutrition/wellness-and-food-safety/wellness-and-food-safety/local-wellness-policies/>>

16 c. Description of Progress towards Attaining Wellness Policy Goals -

Full completion of the SCDE District Wellness Policy Triennial Assessment Report

USDA's Local Wellness Policy Triennial Assessment Questions & Answers:

How often must LEAs conduct assessments of schools' compliance with the local school wellness policy?

At a minimum, assessments must be conducted once every three years as described in 7 CFR 210.31(e); this is referred to as the triennial assessment. This assessment is separate from the Administrative Review conducted by the State agency. The local school wellness policy must be updated and in compliance with the final rule by June 30, 2017. Therefore, the first triennial assessment must be completed by June 30, 2020.

Who is responsible for conducting the assessments?

LEAs must designate at least one LEA or school official(s) as responsible for determining the extent to which each school under their jurisdiction is in compliance with their wellness policies (7 CFR 210.31(e)(1)).

In addition to the official(s) identified, other stakeholders must be permitted to be involved in the review process as described in 7 CFR 210.31(d)(1). However, LEAs have discretion in how they implement this requirement since each LEA is best suited to determine the distinctive needs of the community it serves. LEAs are also encouraged to identify a wellness champion at each school that would assist with the implementation and monitoring of the policy at the school level.

What must be included in the triennial assessment?

The LEA must develop a triennial assessment report that describes the extent to which its schools comply with the local school wellness policy, the extent to which the local policy aligns with model policies, and a description of progress towards attaining policy goals as described in 7 CFR 210.31(e)(2). There is local discretion on the format of the report. This report must be made available to the public (7 CFR 210.31(d)(3)).

What tools should LEAs use to assess implementation and compliance with the local school wellness policy?

The LEA has the flexibility to develop tools that will assess compliance with the specific components of their local school wellness policy. Some State agencies and partner organizations have developed tools that LEAs can adapt to meet their needs. Example tools can be found at the "School Nutrition Environment and Wellness Resources" website at <https://healthymeals.fns.usda.gov/local-wellness-policy-resources/local-school-wellnesspolicy-process/assessment-needs-assessment>. In addition, the LEA must document when and how they evaluated their policy. For example, an agenda or attendance sheet could be used as documentation that the local school wellness policy was evaluated at a stakeholder meeting.

How often does the LEA have to update the policy?

USDA does not specify the frequency of updates to the local school wellness policy, as the need to update will vary based on the content and structure of the policy. However, it is recommended that the policy is updated, at a minimum, after conducting the triennial assessments (7 CFR 210.31(e)(3)). LEAs are also required to annually notify the public about the content of the local school wellness policy and any updates to the policy as stated in 7 CFR 210.31(d)(2).

How should LEAs compare their policies to model policies?

The responsibility for developing a local school wellness policy was placed at the LEA level so that each LEA has the flexibility to customize their own policy based on their own unique circumstances. However, at a minimum, LEAs must compare their policy against model policies during the triennial assessment (7 CFR 210.31(e)(2)(ii)). The Alliance for a Healthier Generation, in conjunction with USDA, developed a model local school wellness policy template that may be used for this comparison: https://www.healthiergeneration.org/_asset/wtqdwu/14-6372_ModelWellnessPolicy.doc.

Does the LEA need to do a triennial assessment of all the schools under its jurisdiction, or does each school do its own triennial assessment and report back to the LEA?

The LEA is responsible for ensuring that a triennial assessment of all the schools under its jurisdiction has been conducted. The LEA may conduct the triennial assessment on behalf of each participating school under its jurisdiction or may allow each school to conduct its own assessment.